

Elderflower cordial



Ingredients

10-15 heads of elder flowers

1 litre of water

2 lemons (zested then juiced)

1kg of sugar

Method

- 1) Give your elder flower heads a good shake to get rid of any bugs (don't rinse them as this washes off the tasty pollen).
- 2) Boil the water and sugar until the sugar is completely dissolved.
- 3) Add the lemon juice and lemon zest, then the elder flower heads.
- 4) Leave aside to steep for 24-48 hours.
- 5) Strain and pour into bottles.
- 6) Dilute with water (or sparkling water) for a delicious summer treat.

Enjoy!